



ANDES 3



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# ELLIPTICAL OWNER'S MANUAL



Read the ELLIPTICAL GUIDE before using this OWNER'S MANUAL.



# ASSEMBLY



## WARNING

There are several areas during the assembly process that special attention must be paid. It is very important to follow the assembly instructions correctly and to make sure all parts are firmly tightened. If the assembly instructions are not followed correctly, the elliptical could have frame parts that are not tightened and will seem loose and may cause irritating noises. To prevent damage to the elliptical, the assembly instructions must be reviewed and corrective actions should be taken.

Before proceeding, find your elliptical's serial number located on the front stabilizer tube and enter it in the space provided below. Also locate the model name which is next to the serial number.

ENTER YOUR SERIAL NUMBER AND MODEL NAME IN THE BOXES BELOW:

SERIAL NUMBER:

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

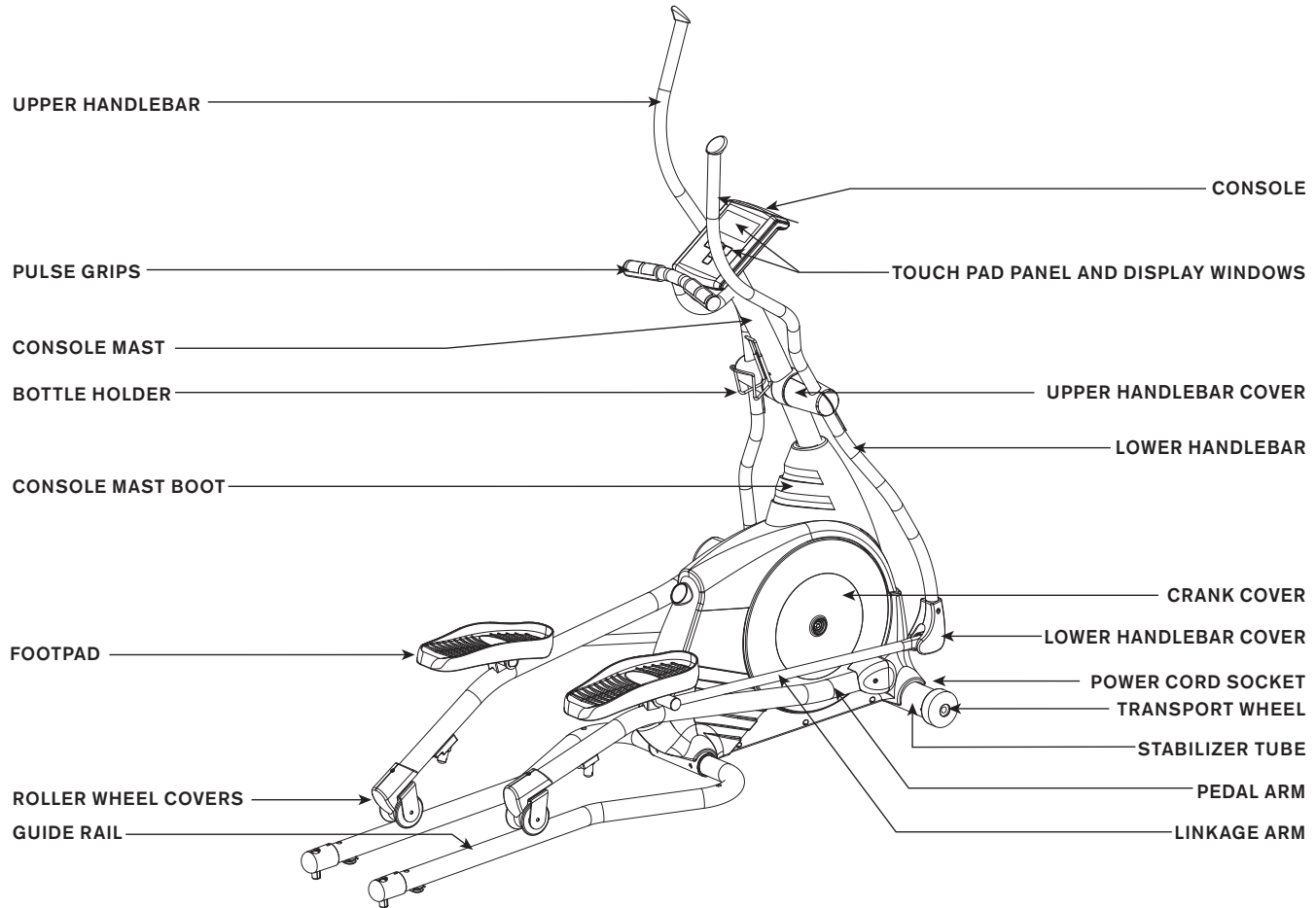
MODEL NAME: **HORIZON**

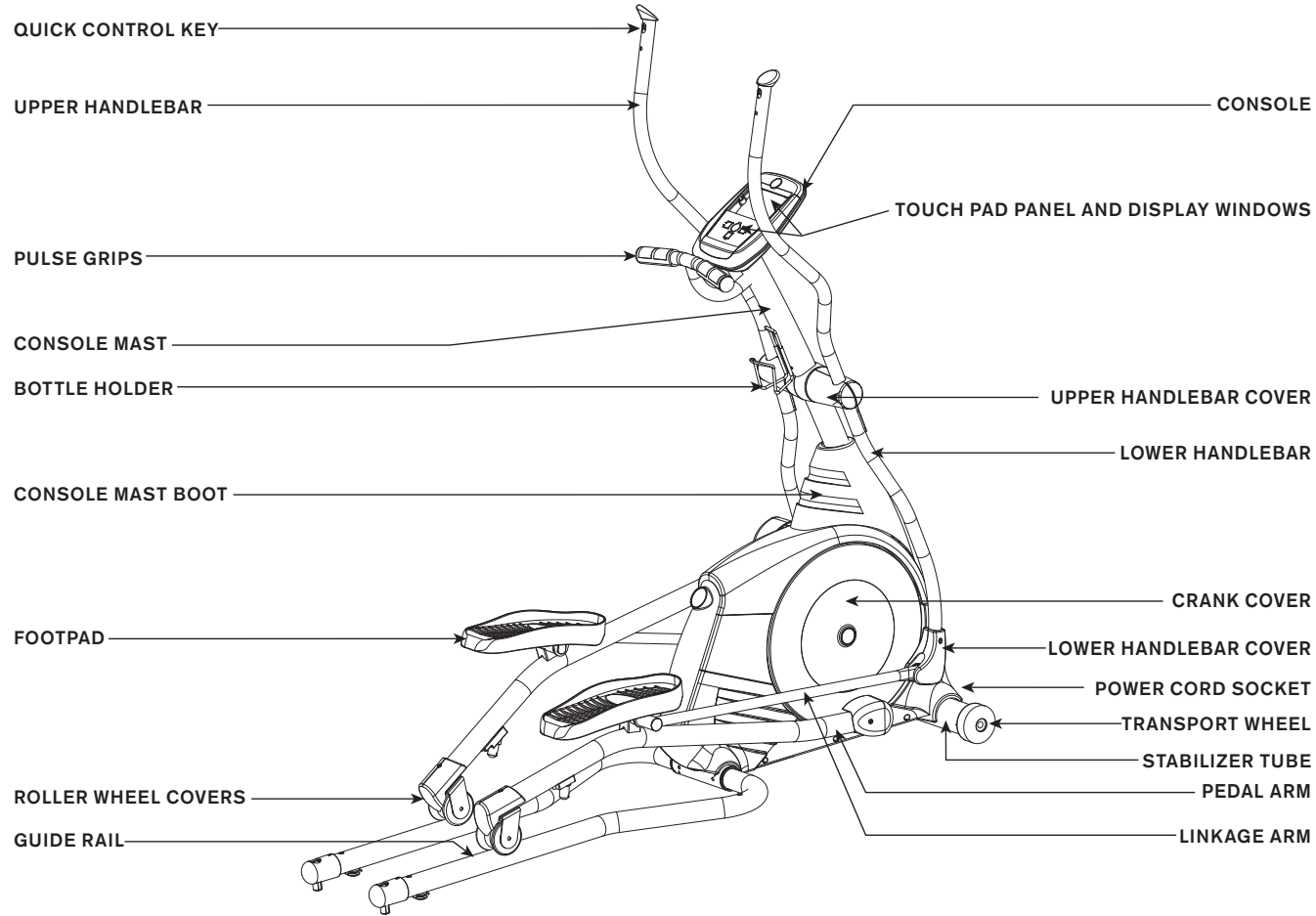
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**ELLIPTICAL**



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## TOOLS INCLUDED:

- 5 mm Allen Wrench (w/ Screw Driver)
- 4 mm Allen Wrench
- 13/15 mm Flat Wrench
- 17 mm/19 mm Flat Wrench

## PARTS BOX INCLUDED:

- 1 Main Frame Set
- 2 Upper Handlerbars
- 2 Lower Handlerbars
- 2 Pedal Arms
- 2 Guide Rails
- 1 Console
- 1 Console Mast
- 1 Console Mast Boot
- 1 Water Bottle Holder
- 1 Power Cord
- 2 Transport Wheels
- 2 Roller Wheel Covers
- 2 Upper Handlebar Covers
- 2 Lower Handlebar Covers
- 1 Hardware Pack

## PRE ASSEMBLY

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### UNPACKING

Unpack the product where you will be using it. Place the elliptical carton on a level flat surface. It is recommended that you place a protective covering on your floor. Never open box when it is on its side.

NOTE: During each assembly step, ensure that ALL nuts and bolts are in place and partially threaded in before completely tightening any ONE bolt.

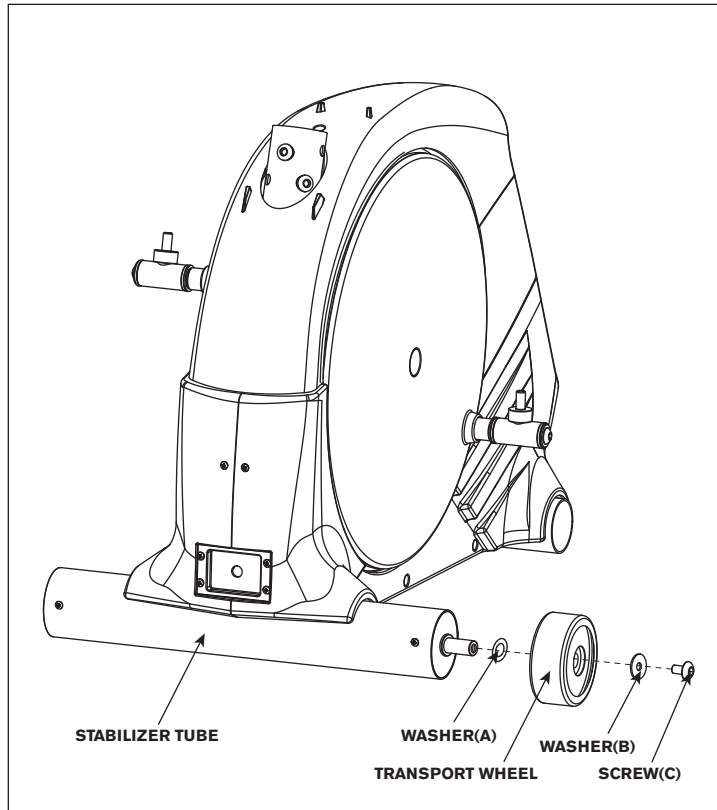
NOTE: A light application of grease may aid in the installation of hardware. Any grease, such as lithium bike grease is recommended.




### NEED HELP?


If you have questions or if there are any missing parts, contact Customer Tech Support.

# ASSEMBLY STEP 1



## HARDWARE PARTS:

 **WASHER (A)**  
Φ16XΦ25X1.5T  
Qty: 2

 **WASHER (B)**  
Φ5/16"XΦ30X1.5T  
Qty: 2

 **SCREW (C)**  
M8X1.25PX12L  
Qty: 2

- A Open **HARDWARE FOR STEP 1**.
- B Attach the **WASHER (A)** to the tube, and then attach the **TRANSPORT WHEEL** to the **STABILIZER TUBE** using the **WASHER (B)** and **SCREW (C)**.
- C Repeat on the other side.

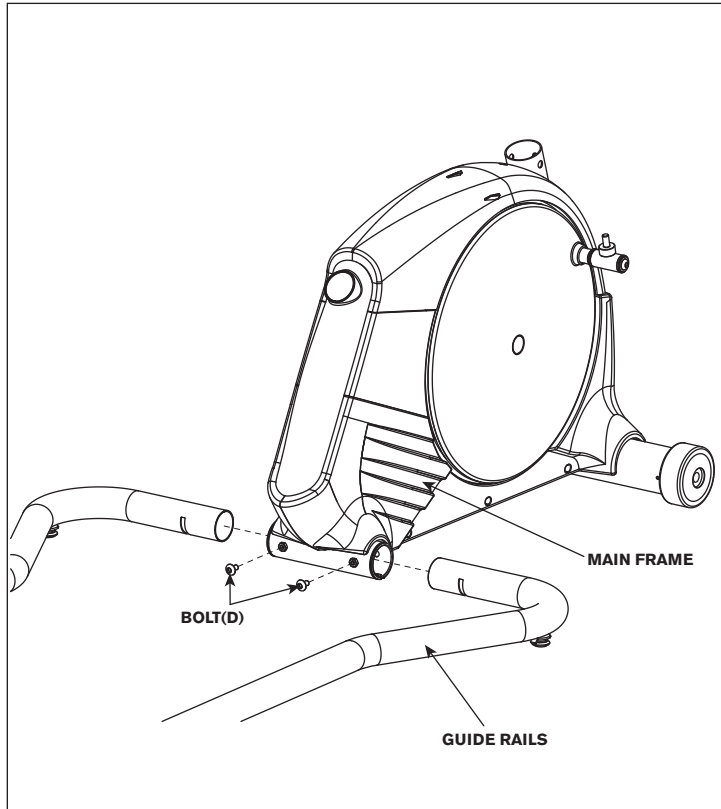


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## ASSEMBLY STEP 2



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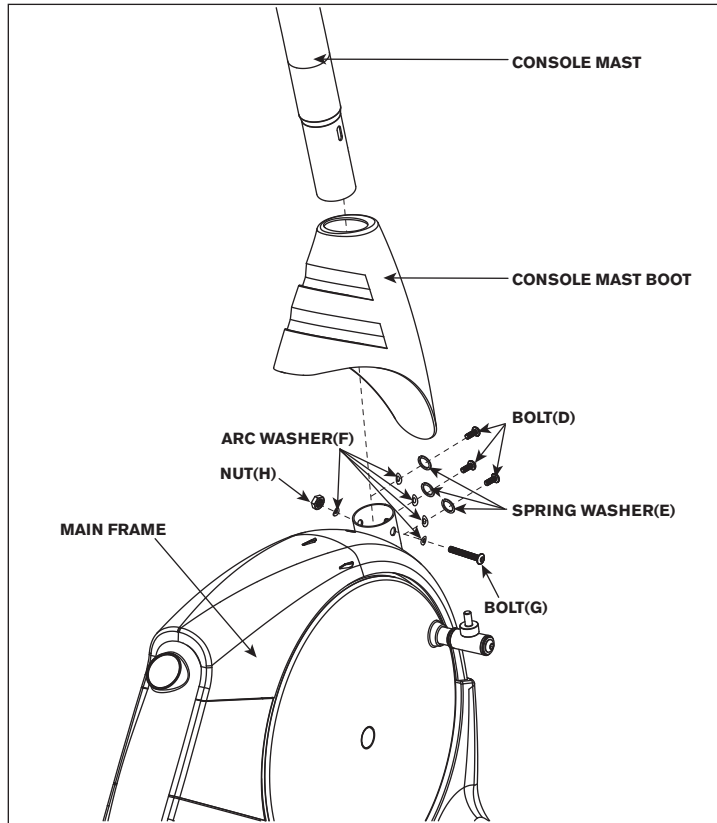
### HARDWARE PARTS:

 **BOLT (D)**  
M8x1.25Px15L  
Qty: 2






- A Open **HARDWARE FOR STEP 2**.
- B Slide left and right **GUIDE RAILS** into **MAINFRAME**.
- C Attach **GUIDE RAILS** using 2 **BOLTS (D)**.



# ASSEMBLY STEP 3



## HARDWARE PARTS:

 <b>BOLT (D)</b> M8x1.25Px15L Qty: 3	 <b>NYLON NUT (H)</b> M8x1.25P Qty: 1	 <b>ARC WASHER (F)</b> Φ8.4xΦ17.0x1.0t Qty: 5
 <b>SPRING WASHER (E)</b> Φ8.2xΦ13.5x2.0t Qty: 3	 <b>BOLT (G)</b> M8x1.25Px70L Qty: 1	

- A Open **HARDWARE FOR STEP 3**.
- B Slide the **CONSOLE MAST BOOT** over the bottom of the **CONSOLE MAST**.
- C Carefully pull **CONSOLE CABLES** through the **CONSOLE MAST**. Attach the **CONSOLE CABLES** to the pre-attached routing wire. Discard wire when finished.
- D Slide the **CONSOLE MAST** into **MAIN FRAME**.
- E Attach **CONSOLE MAST** to **MAIN FRAME** using 3 **BOLTS (D)**, 3 **SPRING WASHERS (E)** and 3 **ARC WASHERS (F)** into front of **CONSOLE MAST**; and using 1 **BOLT (G)**, 2 **ARC WASHERS (F)** and 1 **NUT (H)**.
- F Slide the **CONSOLE MAS BOOT** down to cover exposed bolts.

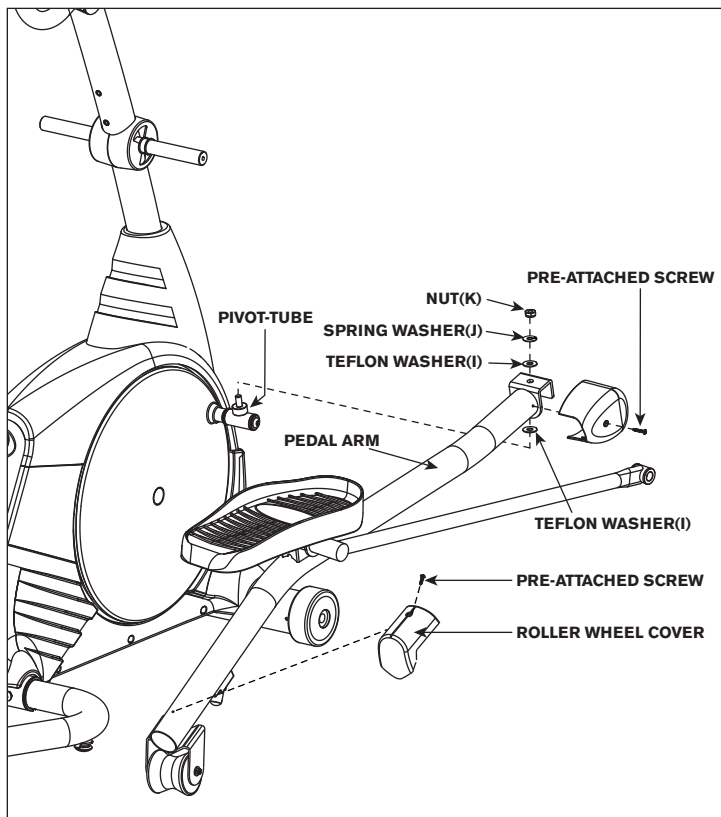


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## ASSEMBLY STEP 4



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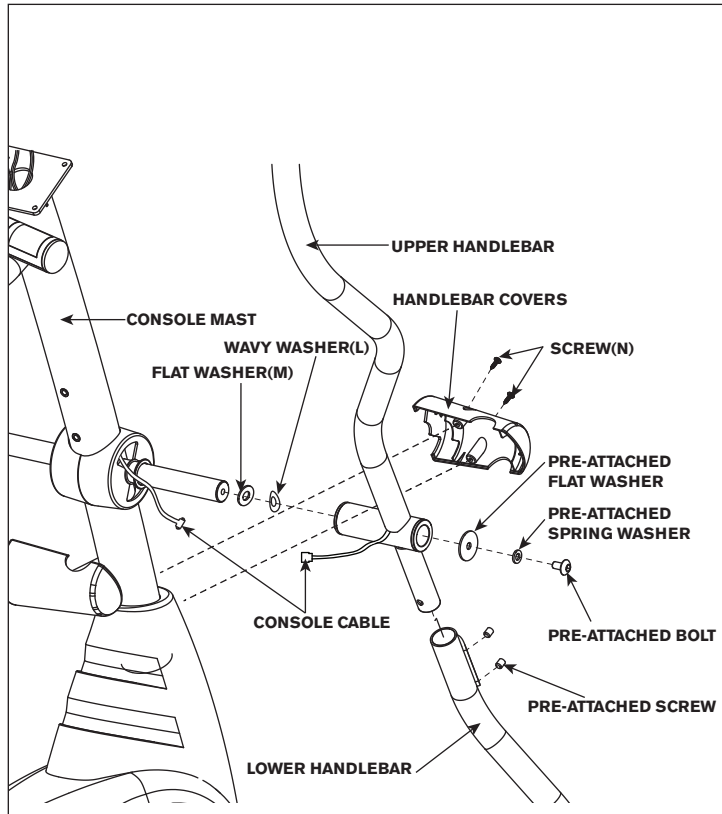


### HARDWARE PARTS:




- |  |  |  |
|--|--|--|
| <b>TEFLON WASHER (I)</b><br>Φ12.2XΦ25X1.5T<br>Qty: 4 | <b>SPRING WASHER (J)</b><br>Φ12.2XΦ21.5X3.0T<br>Qty: 2 | <b>NUT (K)</b><br>M12X1.25PX10<br>Qty: 2 |
|--|--|--|

- A Open **HARDWARE FOR STEP 4**.
- B Remove **PRE-ASSEMBLED SCREWS** from the front end of the **PEDAL ARM**.
- C Place the **PEDAL ARM SET** onto the **PIVOT-TUBE** using 2 **TEFLON WASHERS (I)**, 1 **SPRING WASHER (J)** and 1 **NUT (K)**.  
Note: The black surface of teflon washers touch the pedal arm end plate.
- D Attach the **PEDAL ARM COVER** onto the **PEDAL ARM** using 1 **PRE-ASSEMBLED SCREW**.
- E Attach the **ROLLER WHEEL COVER** onto the **PEDAL ARM** using 1 **PRE-ASSEMBLED SCREW**.
- F Repeat B-E steps on the other side.

# ASSEMBLY STEP 5



## HARDWARE PARTS:

 <b>WAVY WASHER (L)</b> Φ26xΦ34x0.3t Qty: 2	 <b>FLAT WASHER (M)</b> Φ25.5xΦ35x1.0t Qty: 2	 <b>SCREW (N)</b> Φ4x15L Qty: 4
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- A Open **HARDWARE FOR STEP 5**.
- B Remove the **PRE-ASSEMBLED BOLT & WASHERS** from **CONSOLE MAST**.
- C Attach **UPPER HANDLEBAR** onto **CONSOLE MAST** using 1 **FLAT WASHER (M)**, 1 **WAVY WASHER (L)**, 1 **PRE-ATTACHED FLAT WASHER**, 1 **PRE-ATTACHED SPRING WASHER** and 1 **PRE-ATTACHED BOLT**.
- D Attach the **CONSOLE CABLE** (Andes 5 only).
- E Remove the **PRE-ASSEMBLED SCREWS** from **HANDLEBARS**.
- F Attach **LOWER HANDLEBARS** to **UPPER HANDLEBARS** using **PRE-ASSEMBLED SCREWS**.
- G Attach **HANDLEBAR COVERS** using 2 **SCREWS (N)**.
- H Repeat step B-G on the other side.

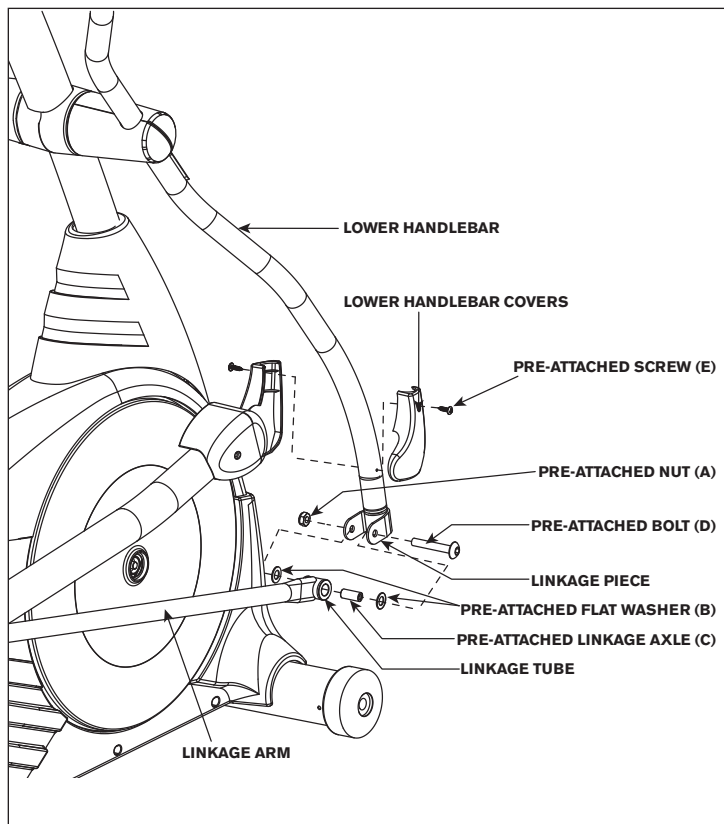


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## ASSEMBLY STEP 6

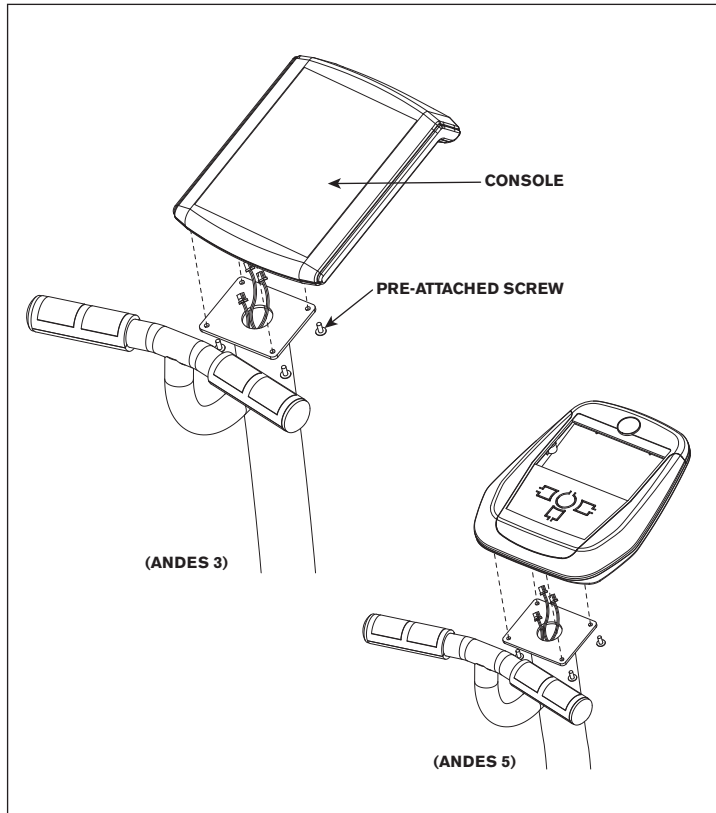


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- A Remove the **PRE-ASSEMBLED SCREWS (E)** from the end of the lower handlebar.
- B Remove the **PRE-ASSEMBLED NUT (A)**, **WASHERS (B)**, **LINKAGE AXLE (C)** and **BOLT (D)** from the linkage piece.
- C Put the **LINKAGE AXLE (C)** into the linkage tube, and then attach the linkage arm inside the lower handlebar linkage piece using 2 **PRE-ASSEMBLED WASHERS (B)**, 1 **BOLT (D)**, and 1 **NUT (A)**.
- D Attach the handlebar covers onto the lower handlebar using **PRE-ASSEMBLED SCREWS (E)**.
- E Repeat steps **A-D** on the opposite of the elliptical.

## ASSEMBLY STEP 7



- A Remove the 4 **PRE-ASSEMBLED SCREWS**.
- B Attach the 3 **CONSOLE CABLES** to the console
- C Carefully tuck the **CONSOLE CABLES** into the **CONSOLE MAST** before attaching the **CONSOLE**.
- D Attach **CONSOLE** to the **CONSOLE MAST** using the 4 **PRE-ASSEMBLED SCREWS**.

Note : Be careful not to pinch any wires while attaching the console.

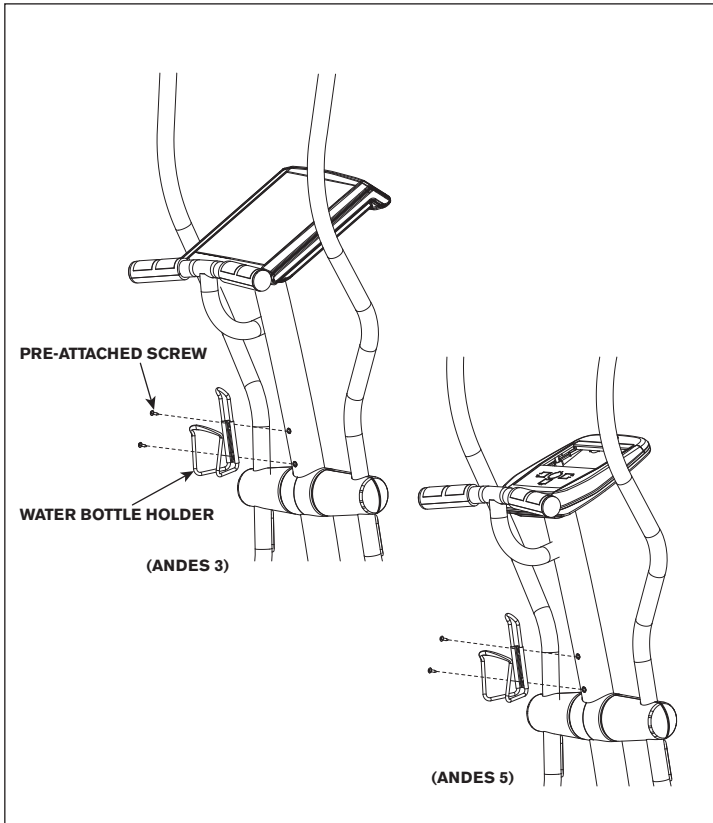


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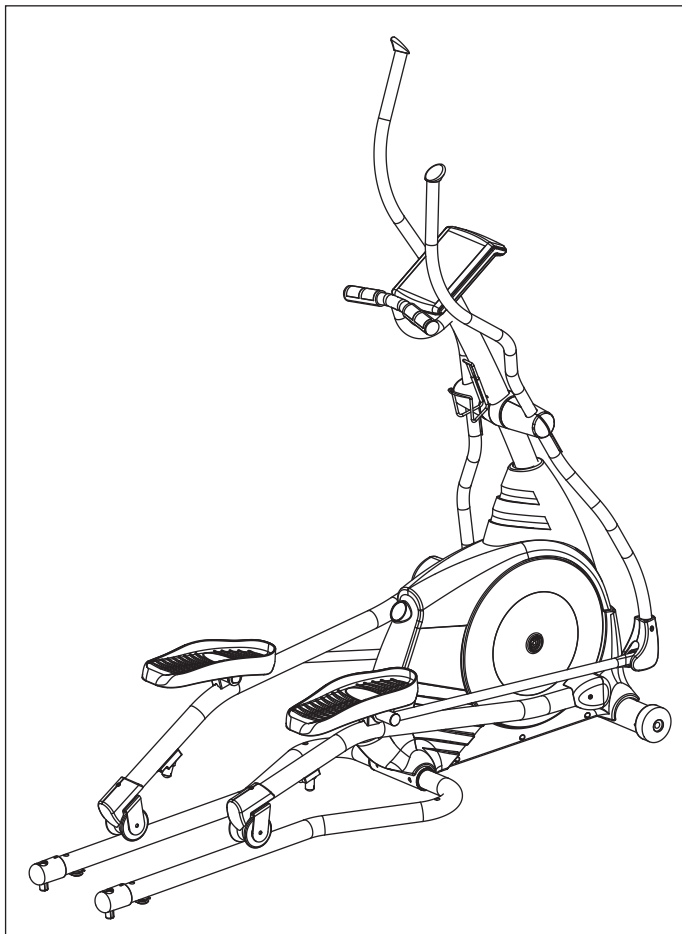
## ASSEMBLY STEP 8



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- A Remove the 2 **PRE-ATTACHED SCREWS** from the console mast.
- B Attach **BOTTLE HOLDER** to the console mast using the 2 **PRE-ASSEMBLED SCREWS**.



**ASSEMBLY COMPLETE!**



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**ANDES 3**

ECB Magnetic Brake System

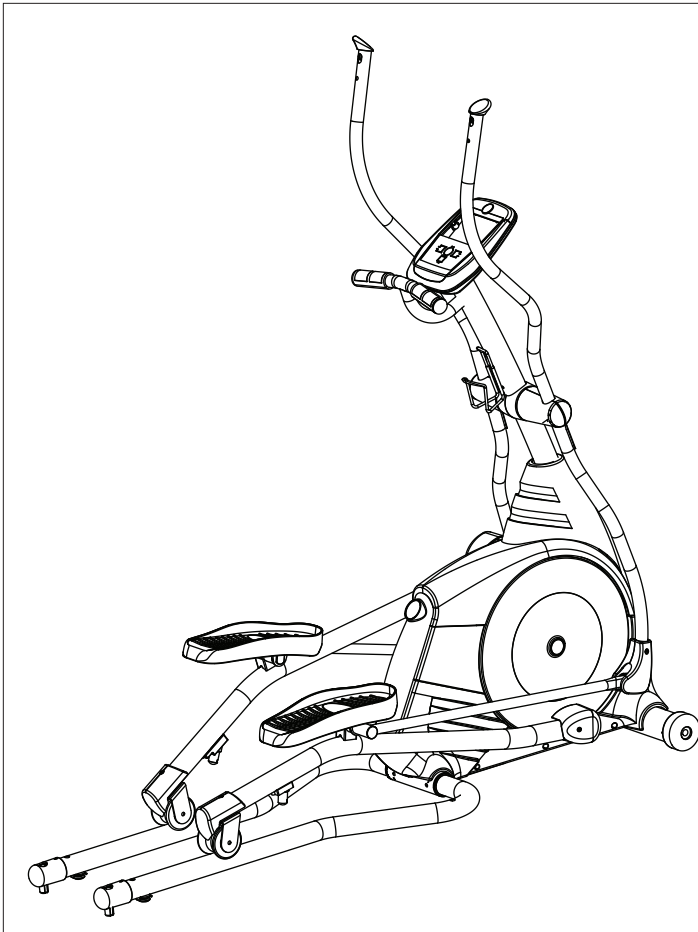
Max. User Weight: 136 kg / 300 lbs

Product Weight: 63 kg / 139 lbs

Overall Dimension: 182 x 65 x 189 cm / 72" x 26" x 74"



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SHOWN



**ANDES 5**

ECB Magnetic Brake System

Max. User Weight: 136 kg / 300 lbs

Product Weight: 67 kg / 148 lbs

Overall Dimension: 182 x 65 x 189 cm / 72" x 26" x 74"



## FOLDING INSTRUCTION

### FOLDING YOUR ELLIPTICAL TRAINER

**NOTE:** It is important to always follow the correct order of steps when folding your elliptical trainer.

**STEP 1:** The first step is to position the elliptical pedal arms in the proper position. The pedal arms can be positioned in two different positions for convenience. The first position is to rotate the left pedal arm so that it is in the backmost position (the left pedal arm wheel should be positioned at the rear of the elliptical trainer). The second position would be to rotate the right pedal arm in the backmost position.

**STEP 2:** Carefully raise both the pedal arm (in the backmost position) and guide rail simultaneously.

**STEP 3:** Press and hold the lock latch button located underneath the guide rail end cap. Align the lock latch with the lock latch receiver located underneath the pedal arm. Insert the lock latch receiver into the lock latch. Release the lock latch button once the lock latch is secure.

**STEP 4:** Repeat process for alternate side.

### UNFOLDING YOUR ELLIPTICAL TRAINER

**NOTE:** It is important to always follow the correct order of steps when unfolding your elliptical trainer.

**STEP 1:** Firmly grasp both the left pedal arm and guide rail. Press and release the lock latch receiver from the lock latch. Carefully lower the pedal arm and guide rail, standing to the side to avoid any accidental release of the alternate pedal arm and guide rail.

**STEP 2:** Repeat process for alternate side.

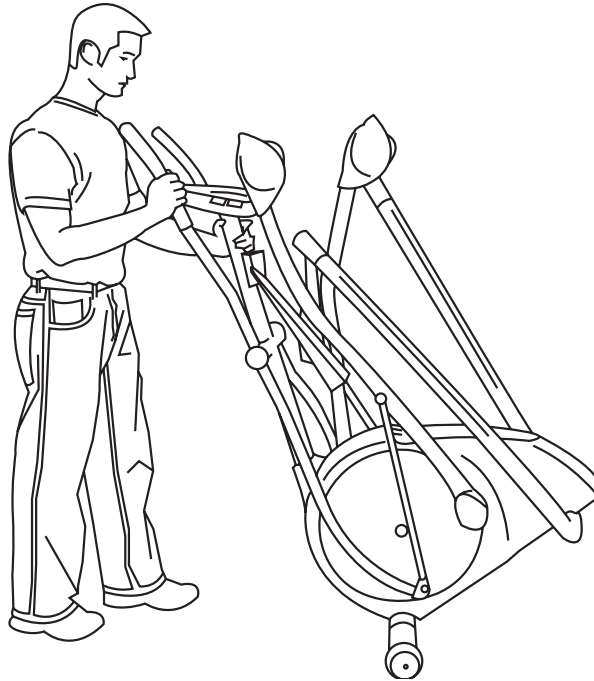


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## MOVING THE ELLIPTICAL



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### **WARNING!**

Our ellipticals are heavy, use care and additional help if necessary when moving. Failure to follow instructions could result in injury.

# ELLIPTICAL OPERATION

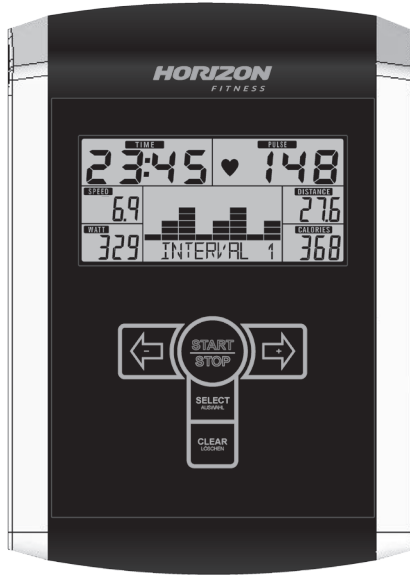


This section explains how to use your elliptical's console and programming.  
The BASIC OPERATION section in the ELLIPTICAL GUIDE has instructions for the following:






- **LOCATION OF THE ELLIPTICAL**
- **POWER/GROUNDING INSTRUCTIONS**
- **FOOT POSITIONING**
- **MOVING THE ELLIPTICAL**
- **LEVELING THE ELLIPTICAL**
- **POWER/MANUAL INCLINE OPERATION**
- **USING THE HEART RATE FUNCTION**



ANDES 3



## ANDES 3 CONSOLE CONTROLS

	Click	2 seconds click
	<ul style="list-style-type: none"><li>Increase</li><li>Next item</li></ul>	
	<ul style="list-style-type: none"><li>Decrease</li><li>Previous item</li></ul>	
	<ul style="list-style-type: none"><li>Quick start</li><li>Stop the workout</li></ul>	
	<ul style="list-style-type: none"><li>Select item</li><li>Enter into the program</li></ul>	
	<ul style="list-style-type: none"><li>Back to main menu</li></ul>	<ul style="list-style-type: none"><li>Reset</li></ul>

### MONITOR DISPLAY

At the exercise mode the LCD Monitor will display the following TIME, PULSE, SPEED/RPM, WATT/LOAD, DISTANCE, CALORIES. If the machine is unused for 4 minutes, the console will enter into power save mode, all setting and exercise data will stored until user start exercise again.

## **ANDES 3 CONSOLE OPERATION**

### **BASIC OPERATION**

- 1) Make sure the power is on
- 2) Press UP / DOWN button to select workout between MANUAL, PROGRAM, H.R.C. and WATT, press SELECT button to confirm.
- 3) To choose preset programs please select PROGRAM and press UP / DOWN button to select with 8 profiles and press SELECT button to confirm.
- 4) Simply press the "START" button and begin exercising.

### **QUICK START**

- 1) Make sure the power is on
- 2) Press START / STOP button to start exercise in MANUAL mode.
- 3) Press UP / DOWN button to adjust resistance level during the workout.

### **HEART RATE CONTROL**

- 1) Before exercise, user will enter your AGE first to calculate TARGET pulse
- 2) You may still press UP / DOWN button to change target pulse from 30 to 230.

### **WATT**

- 1) The preset watt value 120 is flashing on screen in WATT setting mode.
- 2) User may use UP / DOWN button to set target value from 10 to 350.
- 3) Press SELECT button for confirm.



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## ANDES 3 PROGRAM PROFILES

### MANUAL

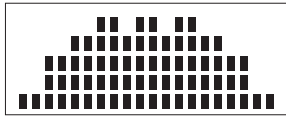
Allows you to adjust the resistance level to your preference, without a preset program.



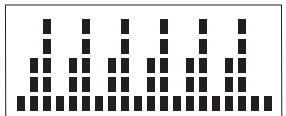
### PROGRAM

You can set up your time target before exercise and adjust resistance levels during exercise.

- **P1:** Promotes weight loss by raising and lowering the resistance level, while keeping you in your fat burning zone.



- **P2:** Improves your strength, speed, and endurance by raising and lowering the resistance levels throughout your workout to involve both your heart and muscles.



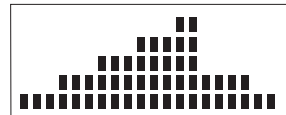
- **P3:** Challenges with various combinations of hills and valleys (resistance) to burn more fat when exercising.



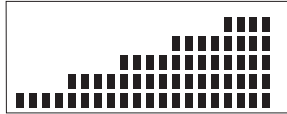
- **P4:** Improves performance and stamina by raising the resistance level to high peaks to simulate the most difficult outdoor terrains.



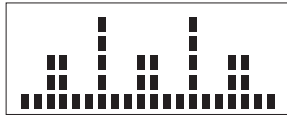
- **P5:** Complete exercise program to help you enhance body performance.



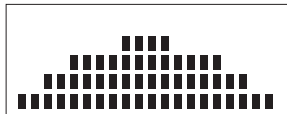
- **P6:** Increasing resistance for advanced users to tones your muscles, and challenges yourself.



- **P7:** Recover your heart and muscles after intensive workout.

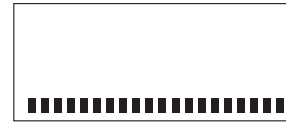


- **P8:** Simulates plateau hiking by increasing and decreasing the resistance gradually.



### H.R.C.

Benefits weight loss by maintaining an optimum exercise level to burn fat, while adjusting the resistance to keep your target heart rate zone.



### WATT

Exercise at a set work level. As you increase your pedal rate(RPM), your resistance will decrease; if you decrease your pedal rate, your resistance will increase.



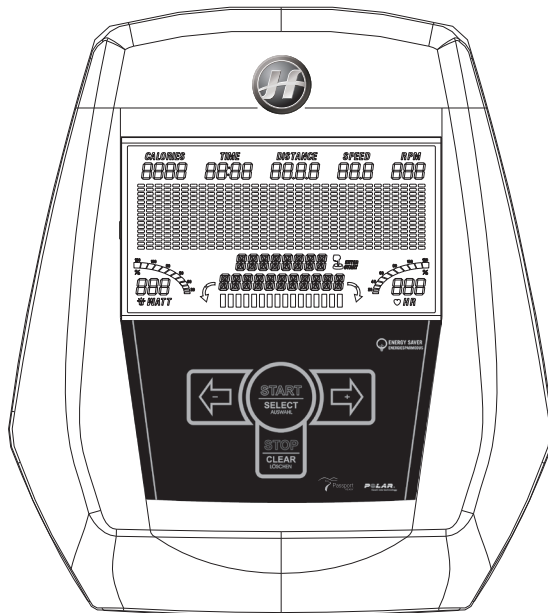
**Note:** Under WATT program, when you reach your target watt value, the display will show “-” in WATT display window.







ANDES 3




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## ANDES 5 CONSOLE CONTROLS

	Click	3 seconds hold	5 seconds hold
	<ul style="list-style-type: none"> <li>Increase</li> <li>Next item</li> </ul>		
	<ul style="list-style-type: none"> <li>Decrease</li> <li>Previous item</li> </ul>		
	<ul style="list-style-type: none"> <li>Quick start</li> <li>Select item</li> <li>Start the workout</li> <li>Enter to the next step</li> </ul>	<ul style="list-style-type: none"> <li>Finish inputting user 's name</li> </ul>	
	<ul style="list-style-type: none"> <li>Stop the workout</li> <li>Back to the previous step</li> </ul>	<ul style="list-style-type: none"> <li>Reset</li> </ul>	<ul style="list-style-type: none"> <li>Language selection</li> <li>Metric /British selection</li> </ul>

### NOTE

	These two display at left shows your performance and achieving rate of your fitness goals. (refer to program file for more information.)
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### ENERGY SAVER

If the machine is unused for 15 minutes, the console will automatically enter into power save mode and could be quickly waken up with a touch of a button or pedal movement.



## ANDES 5 CONSOLE OPERATION

### QUICK START

- 1) Make sure the power is on.
- 2) Simply press the “START” key and begin exercising.

### SETUP YOUR PERSONAL DATA

This console is able to store your personal data which includes name, gender, age and weight. This allows you to start your workout more quickly and monitor your exercise information more accurately. Please setup your personal data before you use the machine for the first time. To set up your data, please follow the procedure as below,

- 1) Select user 1, 2 or 3
- 2) Select your gender
- 3) Select your age
- 4) Select your weight
- 5) Input your name
- 6) Hold the “**START**” key for 3 seconds to finish your setup

The console is able to store up to 3 users' data. If you would like to modify your personal data, please select “**USERS SETTING**” for modification.

### START YOUR WORKOUT

- 1) Select the user. (If your personal data has been entered, just select the program and then you can start your workout).
- 2) Select your gender.
- 3) Select your age.
- 4) Select your weight.
- 5) Select the program you preferred.
- 6) Start your workout.



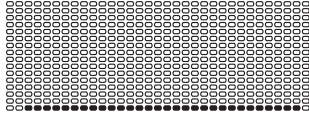
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## ANDES 5 PROGRAM PROFILES

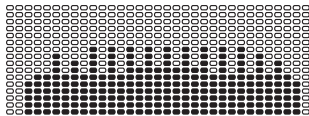


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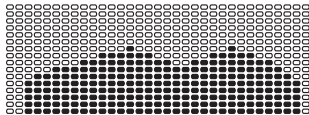
- **MANUAL:** Allows you to adjust the resistance level to your preference, without a preset program.



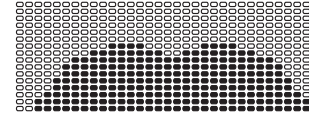
- **INTERVALS:** Improves your strength, speed, and endurance by raising and lowering the resistance levels throughout your workout to involve both your heart and muscles.



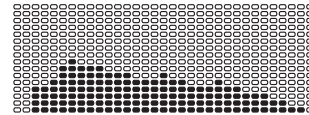
- **ROLLING:** Maintains weight by gradually raising and lowering the resistance level to gradually raise and lower your heart rate.



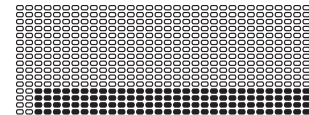
- **WEIGHT LOSS:** Promotes weight loss by raising and lowering the resistance level, while keeping you in your fat burning zone.



- **AFTER BURNER:** Recover your heart and muscles by gradually cooling down after intensive workout.



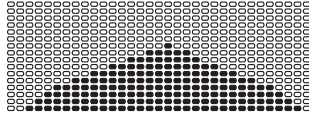
- **WATTS CONTROL:** Exercise at a set work level. As you increase your pedal rate(RPM), your resistance will decrease; if you decrease your pedal rate (RPM), your resistance will increase.



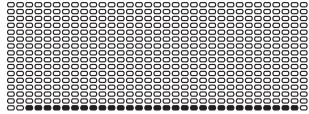
NOTE: When using WATTS control program, the bar at the bottom shows your current watt and percentage meter at left shows your achieving rate. You must get 100% to reach your target set.

## PROGRAM PROFILES

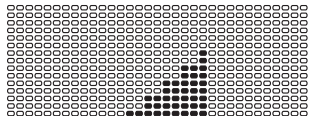
- **MOUNTAIN:** Improves performance and stamina by raising the resistance level to high peaks to simulate the most difficult outdoor terrains.



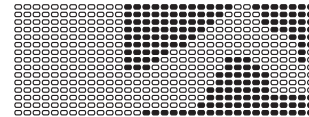
- **FIT-TEST:** Test your current level of physical fitness. At completion of the program, it will provide feedback regarding your fitness level for you to monitor your progress.



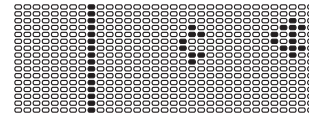
- **STEP TEST:** Short Description for Step-Test Improves your endurance by raising the wattage. Workout time is 30 minutes.



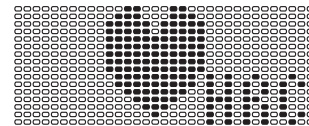
- **GAME 1:** This warm up game simulates a Car Racing Game. To control the car up and down, you pedal faster or slower. Try to avoid those barriers and keep on track. You only have 11 chances to complete the circuit, so be careful .



- **GAME 2:** This warm up game simulates a Fishing Game. To control the fishhook to go deeper or shallower, you pedal faster or slower. After the fish has been caught by you fishhook, then pedal faster until the fishhook is off of the screen. Some of the fish are harder to catch than others, but you will get more points from catching these fish.



- **HRC 1:** Benefits weight loss by maintaining an optimum exercise level to burn fat, while adjusting the resistance to keep you in your target heart rate zone.



NOTE: When using HRC program, the percentage meter at right will show your current HR and your achieving rate. You must get 100% to reach your target set.



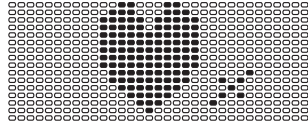
ANDES 5



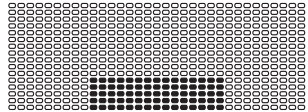
ANDES 5

## PROGRAM PROFILES

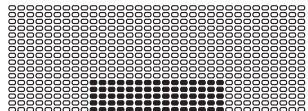
- **HRC 2:** Benefits weight loss by maintaining an optimum exercise level to burn fat, while adjusting the resistance to keep you in your target heart rate zone.



- **CUSTOM 1:** Customized workout, time defaults to 15 minutes.

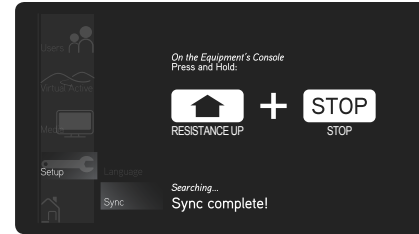


- **CUSTOM 2.3:** Customized workout, time defaults to 15 minutes.



## SYNCING ELLIPTICAL WITH PASSPORT (ANDES 5 ONLY)

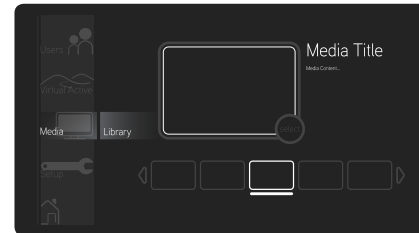
- 1) Using the arrow key on the passport remote control to scroll to the setup icon and press the Select.
- 2) Follow the on-screen prompt to press and hold the RESISTANCE UP and STOP buttons on the equipment's console.
- 3) Once your sync is success, your elliptical message bar will change from RF Sync to Passport Ready.
- 4) Besides point 3, the message displayed on-screen will notify you if the sync was completed or failed.



## ACCESSING MEDIA THROUGH ON-SCREEN MENU

- 1) You can access the Virtual Active content or your personal movies are stored on the USB drive. Select either the Virtual Active icon or the Media icon using the remote control.
- 2) Follow the on-screen prompts to select a video and begin your workout.
- 3) You will have to Press START on your equipment's console to begin playing a video.

**Note:** See Passport Owner's Manual for more information.





### ANDES 3 PARTS LIST

NO.	DESCRIPTION
1	CONSOLE MAST SET;SA;EP264-A12;
2	PEDAL ARM SET;SA;R;EP264-A13;
3	PEDAL ARM SET;SA;L;EP264-A14;
4	GUIDE RAIL SET;SA;R;EP264-A15;
5	GUIDE RAIL SET;SA;L;EP264-A16;
6	ARM REST SET;SA;RU;EP264-A17;
7	ARM REST SET;SA;LU;EP264-A18;
8	ARM REST SET;SA;RD;EP264-A19;
9	ARM REST SET;SA;LD;EP264-A20;
10	LINK ARM SET;SA;R;EP264-A21;
11	LINK ARM SET;SA;L;EP264-A22;
12	CRANK SET;L;SA;EP264-A23;
13	CRANK SET;SA;R;EP264-A23;
14	COVER SET;SA;R;EP264-A24;
15	COVER SET;SA;L;EP264-A25;
16	COVER SET;SA;B;EP264-A26;
17	COVER SET;SA;U;EP264-A27;
18	DRIVE SET;SA;EP264-A28;
B26	REAR STABILIER TUBE RUBBER PAD; BLACK
B27	WHEEL NYLON
B28	WHEEL FRONT RUBBER COVER
B29	FIXING PLATE;MOTOR;T3;SPC;EP264;
B31	SLEEVE WHEEL
B33	CLIP; STANDARD; FE; ZNC
B34	SCREW;BH;Φ4X15L;SM;PH;BZN;POT

NO.	DESCRIPTION
E56	COVER;CRANK;R;ABS;75140;EP29
E57	COVER;CRANK;L;ABS;75140;EP29
E65	SCREW;BH;Φ4X25L;SM;PH;BZN;POT
F18	COVER;GUIDE RAIL;NYLON;EP28
G10	SCREW;BH;M8X1.25PX15L;HS;BP
G14	SCREW;SET;M8X1.25PX10L;BP
G19	COVER;SWIVEL AXLE;F;ABS;75140;EP221
G20	COVER;SWIVEL AXLE;REAR;ABS;75140;EP221
G25	BOOT;ARM REST;UP;L;ABS;75140;EP221
G26	BOOT;ARM REST;UP;R;ABS;75140;EP221
G28	SCREW;BH;Φ4X15L;SM;PH;BZN;POT
G43	WASHER;FLT;Φ8.2XΦ35.0X2.0T;BZN;
G47	WASHER;SPL;Φ8.2XΦ15.4X2.0T;
H13	NUT;NLK;M8X1.25P;BZN;
H14	SCREW;BH;M8X1.25PX50L;HS;BZN;
H17	SCREW;BH;M8X1.25PX13L;HS;BZN;BP
H18	WASHER;FLT;Φ8.2XΦ23.0X2.0T;BZN;
H19	CAP;Φ31.8;BL;EP264-2KM;
H20	WASHER;FLAT;TEFLON;Φ20.2XΦ30.0X2.0T;
H21	SCREW;EP264;
J07	END-CAP;ROUND DISC;ABS;BL;EP28
M01	DC MOTOR;M05J-01;EP264-2KM;
N01	CONSOLE SET;SM2756-67;THE METRIC SYSTE
N01	CONSOLE SET;U;SM2756-67;...;
N03	SCREW;BH;M5X0.8PX12L;CT;PH;BZN;

NO.	DESCRIPTION
P02	WIRE;CONSOLE;1900L(SM-9Y 2.5-9P);
P03	WIRE;SENSOR;UP;300L(2.5-2P OKI);
P04	SCREW;BH;Φ3X10L;SM;PH;BZN;POT
P05	DC POER;400L(2.5-3P DC;
P10	POWER ADAPTER
Q04	BOOT;CONSOLE MAST;PVC;BLACK;EP221
Q06	PLATE POWER SOCKET
Q42	BRACKET SIDE COVER
Q43	CLIP; STANDARD; FE; ZNC
Q44	SCREW;BH;Φ4X15L;SM;PH;BZN;POT
Q45	SCREW;BH;Φ4X12L;SM;PH;BZN;POT
R08	SCREW;EB;1/4-20UNCX45L(25L)EYEΦ10;ZN-BL
R09	INSIDE ECB CONTROLLER;6.5KG;EP18
R11	BELT;POLY-V;410-J8;GATES
R12	NUT;HXF;M10X1.25P;SS41;BZN;
R14	FIX PLATE;EYE BOLT;SPC;1.3T;AB01
R16	NUT;NLK;1/4'-20UNC;BZN;
R17	NUT;LCK;M12X1.75PX8H;SS41;ZINC;
S02	STEEL ROPE;45L;EP264-2KM;
S03	SCREW;BH;M4X0.7PX10L;CT;PH;BZN;
V11	SPEC LABEL;CE;EP264-2KM;
Z01	WASHER;FLT;Φ16.0XΦ25.0X1.5T;
Z02	WASHER;FLT;Φ5/16'XΦ30.0X1.5T;BAN;
Z03	SCREW;BH;M8X1.25PX12L;HS;BZN;BP
Z04	SCREW;BH;M8X1.25PX15L;HS;BP

NO.	DESCRIPTION
Z05	NUT;NLK;M8X1.25P;BAN;
Z06	WASHER;ARC;Φ8.4XΦ17.0X1.0T;
Z08	WASHER;SPL;Φ8.2XΦ13.5X2.0T;
Z09	SCREW;BH;M8X1.25PX70L-12L;HS;BZN;P-T
Z10	WASHER;FLT;Φ12.2XΦ25X1.5T;TFN;
Z11	NUT;M12X1.25PX10;8G;BAN;
Z12	SCREW;BH;Φ4X15;SM;PH;WZN;POT
Z13	WASHER;WW;Φ26.0XΦ34.0X0.3T;
Z14	FLAT WASHER; Φ25.5XΦ35.0X1.0T
Z15	WASHER;SPL;Φ12.2XΦ21.5X3.0T;WZN;





## ANDES 5 PARTS LIST

NO.	DESCRIPTION
1	CONSOLE MAST SET;SA;EP265-A11;
2	PEDAL ARM SET;SA;R;EP264-A13;
3	PEDAL ARM SET;SA;L;EP264-A14;
4	GUIDE RAIL SET;SA;R;EP264-A15;
5	GUIDE RAIL SET;SA;L;EP264-A16;
6	ARM REST SET;SA;RU;EP265-A16;
7	ARM REST SET;SA;LU;EP265-A17;
8	ARM REST SET;SA;RD;EP264-A19;
9	ARM REST SET;SA;LD;EP264-A20;
10	LINK ARM SET;SA;R;EP264-A21;
11	LINK ARM SET;SA;L;EP264-A22;
12	CRANK SET;L;SA;EP264-A23;
13	CRANK SET;SA;R;EP264-A23;
14	COVER SET;SA;R;EP264-A24;
15	COVER SET;SA;L;EP264-A25;
16	COVER SET;SA;B;EP264-A26;
17	COVER SET;SA;U;EP264-A27;
18	DRIVE SET;SA;EP264-A28;
AN1	CONSOLE SET;SA;U;EP265-2KM;
B26	REAR STABILIER TUBE RUBBER PAD; BLACK
B27	WHEEL NYLON
B28	WHEEL FRONT RUBBER COVER
B31	SLEEVE WHEEL
B33	CLIP; STANDARD; FE; ZNC
B34	SCREW;BH;Φ4X15L;SM;PH;BZN;POT
E56	COVER;CRANK;R;ABS;75140;EP29

NO.	DESCRIPTION
E56	COVER;CRANK;R;ABS;75140;EP29
E57	COVER;CRANK;L;ABS;75140;EP29
E65	SCREW;BH;Φ4X25L;SM;PH;BZN;POT
F18	COVER;GUIDE RAIL;NYLON;EP28
G10	SCREW;BH;M8X1.25PX15L;HS;BP
G14	SCREW;SET;M8X1.25PX10L;BP
G19	COVER;SWIVEL AXLE;F;ABS;75140;EP221
G20	COVER;SWIVEL AXLE;REAR;ABS;75140;EP221
G25	BOOT;ARM REST;UP;L;ABS;75140;EP221
G26	BOOT;ARM REST;UP;R;ABS;75140;EP221
G28	SCREW;BH;Φ4X15L;SM;PH;BZN;POT
G43	WASHER;FLT;Φ8.2XΦ35.0X2.0T;BZN;
G47	WASHER;SPL;Φ8.2XΦ15.4X2.0T;
H13	NUT;NLK;M8X1.25P;BZN;
H14	SCREW;BH;M8X1.25PX50L;HS;BZN;
H17	SCREW;BH;M8X1.25PX13L;HS;BZN;BP
H18	WASHER;FLT;Φ8.2XΦ23.0X2.0T;BZN;
H19	CAP;Φ31.8;BL;EP264-2KM;
H20	WASHER;FLAT;TEFLON;Φ20.2XΦ30.0X2.0T;
H21	SCREW;EP264;
J07	END-CAP;ROUND DISC;ABS;BL;EP28
M01	ECB SET;8KG;EUP;
M02	STEEL ROPE;EP221
M03	SCREW;BH;M4X0.7PX10L;CT;PH;BZN;
N09	SCREW;BH;M5X0.8PX12L;CT;PH;BZN;

NO.	DESCRIPTION
P01	CONSOLEWIRE;1400MM;CKM254301-8PX2
P02	WIRE;SENSOR;250M;OKI SENSOR CKM25430
P03	POWER WIRE;DC;600MM(DC+CKM 25430101-2P)
P05	POWER ADAPTOR
P06	SCREW;BH;Φ3X8L;SM;PH;BAN;POT
P10	EXTERNAL WIRE;HAND GRIP;L;SM-3Y+XHS-3Y;6
P11	EXTERNAL WIRE;HAND GRIP;R;SM-3Y+XHS-3Y;6
Q04	BOOT;CONSOLE MAST;PVC;BLACK;EP221
Q06	PLATE POWER SOCKET
Q42	BRACKET SIDE COVER
Q43	CLIP; STANDARD; FE; ZNC
Q44	SCREW;BH;Φ4X15L;SM;PH;BZN;POT
Q45	SCREW;BH;Φ4X12L;SM;PH;BZN;POT
R08	SCREW;EB;1/4-20UNCX45L(25L)EYEΦ10;ZN-BL
R09	INSIDE ECB CONTROLLER;6.5KG;EP18
R11	BELT;POLY-V;410-J8;GATES
R12	NUT;HXF;M10X1.25P;SS41;BZN;
R14	FIX PLATE;EYE BOLT;SPC;1.3T;AB01
R16	NUT;NLK;1/4'-20UNC;BZN;
R17	NUT;LCK;M12X1.75PX8H;SS41;ZINC;
V11	SPEC LABEL;CE;EP264-2KM;
Z01	WASHER;FLT;Φ16.0XΦ25.0X1.5T;
Z02	WASHER;FLT;Φ5/16'XΦ30.0X1.5T;BAN;
Z03	SCREW;BH;M8X1.25PX12L;HS;BZN;BP
Z04	SCREW;BH;M8X1.25PX15L;HS;BP

NO.	DESCRIPTION
Z05	NUT;NLK;M8X1.25P;BAN;
Z06	WASHER;ARC;Φ8.4XΦ17.0X1.0T;
Z08	WASHER;SPL;Φ8.2XΦ13.5X2.0T;
Z09	SCREW;BH;M8X1.25PX70L-12L;HS;BZN;P-T
Z11	NUT;M12X1.25PX10;8G;BAN;
Z12	SCREW;BH;Φ4X15;SM;PH;WZN;POT
Z13	WASHER;WW;Φ26.0XΦ34.0X0.3T;
Z14	FLAT WASHER; Φ25.5XΦ35.0X1.0T
Z15	WASHER;SPL;Φ12.2XΦ21.5X3.0T;WZN;

**D: Entsorgungshinweis**

HORIZON Fitness - Produkte sind recyclebar. Führen Sie das Gerät am Ende der Nutzungsdauer einer sachgerechten Entsorgung zu (örtliche Sammelstelle).

**GB: Waste Disposal**

HORIZON Fitness products are recyclable. At the end of its useful life please dispose of this article correctly and safely (local refuse sites).

**F: Remarque relative à la gestion des déchets**

HORIZON Fitness sont recyclables. A la fin sa durée d'utilisation, remettez l'appareil à un centre de gestion de déchets correct (collecte locale).

**NL: Verwijderingsaanwijzing**

HORIZON Fitness producten zijn recycleerbaar. Breng het apparaat aan het einde van de gebruiksduur naar een op recycling gespecialiseerd bedrijf (plaatselijk verzamelpunt).

**E: Informaciones para la evacuación**

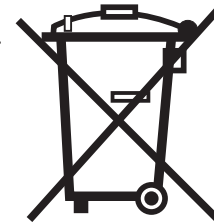
HORIZON Fitness son reciclables. Cuando se termina la vida útil de un aparato o una máquina, entréguelos a una empresa local de eliminación de residuos para su reciclaje.

**I: Indicazione sullo smaltimento**

HORIZON Fitness sono riciclabili. Quando l'apparecchio non servirà più, portatelo in un apposito punto di raccolta della Vostra città (Punti di raccolta comunali).

**PL: Wskazówka dotycząca usuwania odpadów.**

Producty firmy HORIZON Fitness podlegają recyklingowi. Pod koniec okresu użytkowania proszę oddać urządzenie do właściwego punktu usuwania odpadów (lokalny punkt zbiorczy).











**HORIZON**  
FITNESS

# ELLIPTICAL OWNER'S MANUAL

Andes 3 & Andes 5 Owner's Manual 112612' Rev. 2.2 © 2012 Horizon Fitness